

## Leap of Faith- Team Building Activities

Date: Jan 2020 Review carried out by: Chris Ireson (SI)

Activity	Hazard / Danger	Severity: High Medium Low	Likelihood: Very Likely Likely Possible Unlikely Very Unlikely	Control measures	Risk assessment after Control measures: High Medium Low
Health	Sickness	Medium	Unlikely	Ensure all participants have their inhaler's/medication & instructors are aware of those needing them. Ensure water is taken and adjust the activity to the weather to avoid exhaustion. There is always a trained first-aider available on site.	Low
Moving as a team	Fall/Injury	Medium	Possible	Instructions given to ensure one 'leader' who issues orders. Instructor to warn - avoid running, watch for uneven ground and other members.	Low
Bridge build balancing on planks	Injury	Low	Possible	Clear instructions given before activity commences. Instructor to make sure that joining parts are stable. Spotting if required.	Low
Session undertaken in adverse weather conditions	Equipment Damage/Injury/Fall	High	Very Unlikely	Sessions cancelled in adverse weather conditions (this is weather that is considered to cause harm to the group, either directly or indirectly-as a result of the weather causing safety equipment to fail. This could be gale force winds, very heavy rain or severe sleet/snow).	Low
Blindfold challenges	Injury	Low	Possible	Clear instructions, flat surface areas used. Instructor is observant of the participants' actions.	Low
Equipment slippery in wet weather	Injury	Low	Possible	Extra care to be taken when there is wet weather/water present.	Low
Using equipment off the ground	Fall/Injury	Low	Possible	Instructor briefs participants in acting carefully at height.	Low
Poor Group Discipline	Equipment Damage/Injury	Medium	Possible	The group's leader is reminded that they are responsible for group discipline. The instructor has the right to cancel the session if they feel it is unsafe. A strict ratio of one instructor to twelve participants is adhered to.	Low

Raging river (no water based)	Fall - due to imbalance	Medium	Possible	Ensure wooden block or plastic disc are used for younger groups as stepping stones. If milk crates are used demonstrate the risk of crates tipping when standing on the edge and recommend central standing. No Fingers on top of crates as they will get stood on. No rings on.	Low
Equipment slippery in wet weather	Injury	Low	Possible	Extra care to be taken when there is wet weather/water present.	Low
Siders web	Fall due to dropping	Low	Possible	Only run over soft surfaces, bark etc. Instructor to demonstrate safe lifting procedure, straight back and bent knees- no lifting if you have a bad back. Ensure min 4 people lift each side. Participant to be passed on back. Instructor to guide and support the participants head.	Low
Marble run	Trip Plastic pipe in face	Low	Possible	No running when playing, only play in open space. Participants to keep the pipes no higher than chest level and to watch they dot hit each other with them.	Low
Slack Line	Fall Plastic pipe in face	Med	Possible	Instructor to demonstrate safe spotting and ensure two people either side. Remove nettles from areas where possible and ensure no branches/stone can be fallen on. Participants to keep the pipes no higher than chest level and to watch they dot hit each other with them.	Low
Magic Pole	Bending- effecting existing conditions	Low	Possible	Advise not to join in if they have a bad back or poor knees. Only do as much as comfortable as it does involve bending to the ground.	Low
Instructor Error	Injury	Low	Very Unlikely	The instructor will receive site specific training and assessment from the SAI. All activities to be rerun according to the laid down procedures. There is always a Trained 1 <sup>st</sup> aider available on site.	Low
Go Cart build	Injury	Low	Very Unlikely	Advise about fingers in wheels. No one in front of the go kart. Demonstrate brakes and ensure sufficient run off, Use on the flat or v gentle hill.	Low
Bouncy Hoppers	Injury	Low	Very Unlikely	Nobody pregnant or with a bad back.	Low
Tug of War	Injury	Low	Very Unlikely	Nobody pregnant or with bad back/sports injury. Remove rings. Straight backs. Do not release the rope until told. Run on grass where possible.	Low

Signed  
Chris Ireson  
Senior Instructor