



Course Disclaimer

<u>Participant Name</u>	<u>Age</u>
I have read and agree with the course rules below	<u>Name</u>
<u>Signature.</u> <u>(Parent/guardian if under 16)</u>	

Course Rules.

Please be aware of the following before using the activities:

You wish to participate in the activities organised by Leap of Faith and accept the conditions below:

- You will comply with the instructors and their safety rules whilst under their care.
- You will not climb unless clipped in & only our trained instructors will clip & unclip on the course.
- Please tie back long hair and remove earrings and rings
- No open toed sandals/flipflops allowed
- Minimum age 4 years old
- Maximum weight 115 k/18 stone
- A moderate level of fitness is required.
- Do not use the course if you are pregnant or suffer from any of the medical conditions set out below.
- With any adventurous activity you could get the occasionally bumps, bruises cuts and grazes but if you listen to your instructors you should have a fantastic & safe time.
- Each participant should familiarize themselves with the hazards and try and minimize these as much as possible by complying with our safety briefs, instructions and guidelines. Accidents can happen without any contributory negligence from the center or its staff. We cannot accept responsibility for loss or damage to personal property or for personal injury from an activity unless proven negligent. In the unlikely event of injury, you consent to emergency medical treatment being given if deemed necessary.
- **You (or the parent/guardian in the case of a child/vulnerable adult) consent for rescue procedures to be used if required. We encourage participants to down climb if struggling but if participants need more assistance an instructor may deem an emergency lower necessary and will proceed to do this. The emergency evacuation procedures will be explained during the briefing, but could include the use of an assistance rope to lower the participant safely.**

If you have any of the following, we strongly advise that you do not participate in any of the activities:

Any Major illness, Blackouts/Headaches/Dizziness, Bronchial illness, recent injuries/operations, Epilepsy, Diabetes, Heart complaints, Back/Neck complaints, physical disabilities, Pregnancy.

Please have your inhaler with you if you have asthma and make our instructors aware if you have this or other medical conditions. If in doubt speak to your instructor and we'll be happy to help.

Parents/guardians of under 16s and vulnerable adults must remain at the course so instructors can keep them informed and gain consent if required for procedures in the event of a rescue.

We welcome feedback - please contact Chris info@leapoffaith.co.uk or call M:07891637993 V - 2/2020